



DISCUSSION GUIDE

Prepare for Disaster

The purpose of this guide is to help supervisors and managers facilitate a 30-minute small group discussion after viewing *Prepare for Disaster* (color, 7:47).

The *Prepare for Disaster* video and supporting materials are designed to raise an awareness of individual and family disaster planning and to encourage an open discussion of roles and responsibilities in time of disaster.

The program focuses on 3 questions:

- Is your family prepared?
- Do you know your role and responsibilities at work?
- Are you prepared to fill that role during an emergency?

Studies of health care workers (Lanzilotti. *2003 Hawaii Medical Personnel Assessment*, October 2004) have revealed a need to actively encourage health care workers to prepare their families for future disasters. Preparedness of families is a critical factor in health care worker availability in time of disaster.

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Program materials include the video (DVD or streaming), this Discussion Guide, and individual copies of the State Department of Health brochure *Plan to Be Ready: The Hawaii Family Guide to Health Emergencies*. These materials are available to Hawaii hospitals, clinics and medical offices at no charge by calling (808) 599-2899.

Before viewing: Introduce the group to the topic by asking participants to briefly outline how disasters have affected Hawaii communities, families and jobs.

After viewing: Discuss the following questions (as many as time allows).

1. What types of disasters are most likely to affect Hawaii, our hospitals and your family?
 - Hurricanes
 - Earthquakes and Tsunami
 - Influenza pandemic
2. What would your family do if a disaster occurred suddenly and you could not return home?
3. Do you have the necessary supplies at home to sustain your family during a disaster lasting up to one week?
4. When the next disaster occurs, what job tasks will you be expected to perform?
5. What would be the most difficult challenge your organization would face when a disaster or other major emergency occurs?